

## Convenient Hours & Locations

Recovery Keys' services are provided in welcoming and discreet locations in Jacksonville and St. Augustine, FL.

### St Augustine

1301 S. Plantation Island Dr.  
Suite 201B  
Saint Augustine, FL 32080

**Phone (904) 584-3072**

**Fax (888) 770-4284**

### Jacksonville

13241 Bartram Park Blvd.  
Suite 701  
Jacksonville, FL 32258

**Phone (904) 844-0276**

**Fax (888) 770-4284**

### Medical Director

**Jeremy Mirabile, M.D.,  
ABAM, FASAM, FAAFP**

**Diplomate, American Board of  
Addiction Medicine  
Fellow, American Society of  
Addiction Medicine  
Fellow, American Academy of  
Family Physicians**

## About Recovery Keys

Recovery Keys is northeast Florida's leading provider of comprehensive drug and alcohol addiction treatment. Our caring and experienced team of physicians, counselors and therapists is dedicated to helping individuals struggling with substance use disorders to unlock a life of health, balance and sobriety.

Recovery Keys was founded in 2012 by Dr. Jeremy Mirabile, M.D., a physician who is board certified in addiction medicine and family medicine. Today, Dr. Mirabile leads Recovery Keys.

Our commitment to excellence has earned Recovery Keys the Joint Commission's Gold Seal of Approval for Behavioral Health. Recovery Keys is also approved to conduct evaluations and provide addiction treatment and recovery services for professionals, including pilots, attorneys and those in healthcare and business.

## Insurance Coverage and Financing

Recovery Keys accepts most private insurance plans for our addiction treatment and rehabilitation programs. For qualified applicants, we also offer the ability to finance your treatment if your insurance plan doesn't cover aspects of your care.

Currently, we accept insurance coverage by the following plans:

- Aetna
- Assurant Health
- AvMed
- Beacon Health Options
- BlueCross / BlueShield
- Cigna
- HealthSmart
- Highmark
- Humana
- Mayo Clinic Health Solutions
- Multiplan
- Optum
- Populytics
- Priority Health
- SmartHealth
- Three Rivers Provider Network
- UMR
- Union Insurance Group
- United Healthcare
- Value Options
- Volusia Health Network

and many others not listed.

Call us today at (904) 342-5965 to discuss your coverage and other financing options available.



RECOVERY  
KEYS

**Physician-Led  
Addiction  
Treatment,  
Closer to Home**

## Our Philosophy

Recovery Keys recognizes addiction as a disease, not a moral failing. We take an evidence-based, holistic approach to assessment, treatment and aftercare.

Our mission is to provide every individual with the support needed to change unhealthy perceptions and behaviors, and gain the confidence and skills needed to maintain their recovery in the long-term. The goal of treatment is for our patients to achieve sobriety, and a life of health and balance, physically, mentally and spiritually.

Recovery Keys accepts most private insurance plans for our outpatient treatment programs. Financing options are also available to qualified applicants.

*If you or someone you love is struggling with the disease of addiction, please call us to schedule an evaluation.*



## Addiction Treatment Programs

### Detox

Outpatient, medically assisted detox is closely supervised by physicians who specialize in addiction medicine. We strive to make detox a comfortable and compassionate process, supported by our highly trained therapists and counselors.

### Day Treatment / Partial Hospitalization

The Day Treatment/Partial Hospitalization Program (PHP) meets five days a week, for a total of 20 to 24 hours, for approximately four weeks. Patients participate in individual and group therapy with the goal of developing the skills needed to live an independent, sober life.

### Intensive Outpatient Program

The Intensive Outpatient Program meets for 10 to 15 hours a week for eight weeks or longer to help patients practice the skills they need for a lasting recovery, overcome shame and guilt, and gain confidence in their ability to live a full, productive, healthy and sober life.

### Aftercare / Continuing Care

Our aftercare group meets weekly to provide ongoing therapeutic support to help patients overcome challenges, cope with stress and continue to develop a healthy, balanced lifestyle to strengthen their recovery.



## Services and Therapies

### Comprehensive Assessment

Patients receive a comprehensive assessment covering the physical, psychological and social factors impacting addiction and recovery. Individualized treatment plans include achievable goals and objectives.

### Individual Therapy

Addiction is more than a physical problem. Psychological and social factors often contribute. In individual therapy, patients address underlying issues and past behaviors in a safe, caring environment, and acquire new skills to handle stress, anxiety and cravings in healthier ways.

### Family Education

Addiction hurts the whole family. Family support helps loved ones overcome the anger and hurt caused by addiction.

### Group Therapy

Group therapy provides a powerful treatment method and source of support, allowing individuals in recovery to share experiences with those who are dealing with similar issues, and practice developing the skills needed to maintain sobriety for a lifetime. We offer multiple group therapy opportunities, including:

- Neurocognitive Retraining
- Twelve-Step Group
- Recreational Therapy Group
- Nutrition and Exercise Group
- Process and Skills Groups

## Meet Our Medical Director



**Jeremy Mirabile  
MD, ABAM, FASAM  
FAAFP, Medical Director**

Board-certified in addiction medicine and family medicine, Dr. Mirabile oversees all patient care, including conducting patient evaluations, creating treatment plans and educating patients about the neurobiological impacts of addiction. He leads a multidisciplinary team dedicated to caring for patients' physical, mental, emotional and spiritual health during their recovery from substance abuse.



**ASAM** American Society of  
Addiction Medicine